

Kainan University Department of Physical Education
Syllabus for International Honor Program
Summer 2008

Course Code No.	Course Title	Instructor	Subject	Level of Course	Credits	Hours per Week
002010320 (05)	Chinese:榮譽學程一	Kuo-ming Lin	<input checked="" type="checkbox"/> required <input type="checkbox"/> elective	Year: 2008 Class:	0	2
	English: IHP (1)	Course Prerequisites	No			
Teaching Goals and Content	1. Teaching goal (1) To guide tennis knowledge and skills for students' learning. (2) To cultivate and motivate students' interest in learning tennis. (3) To cultivate concept of lifetime exercise for students' health. (4) To assist students with the ability understanding and watching tennis games. 2. Teaching content (1) Tennis introduction (history, current issue, basic knowledge, and etiquette). (2) Tennis skills introduction (basic skills and advance skills). (3) Game play (single and double play). (4) Tennis film watching and Q&A.					
Teaching Methods	<input checked="" type="checkbox"/> lectures <input checked="" type="checkbox"/> practical training <input checked="" type="checkbox"/> discussion <input checked="" type="checkbox"/> question-and-answer <input type="checkbox"/> other (Film Watching)					
Grading and Evaluation Criteria	midterm 30% final 40% class participation 30% other _____% (details _____)					
Textbooks	(author, title, edition, publisher, place of publication, year of publication, pages covered) 1. USTA. Complete Conditioning for Tennis. Human Kinetics. Referral websites: 1. TENNIS.com - http://www.tennis.com/index.aspx 2. APTennis.com - http://www.atptennis.com/1/en/home/ 3. ITFTennis.com - http://www.itftennis.com/ 4. TENNIS.com - http://www.tennis.com/index.aspx					
Course Description (including outline and course schedule):						
This course is designed to introduce the students to the skills, rules and strategies of beginning tennis. Also, the goal of this course is to get the students started in this wonderful sport and to give students a workable knowledge in building tennis skills and habit of lifetime exercise.						

signature of the convener of the curriculum committee


 signature of the teacher





Kainan University - Summer - Physical Education Office - Teaching syllabus

Week	Date	Unit	Teaching content	Hours	Location
1	Feb. 26	Preparation	Tennis introduction, class evaluation and class rules.	2	Tennis Court
2	Mar. 4	Ball sense practice	Drills for ball sense	2	Tennis Court
3	Mar. 11	Basic skill (1)	1.Introduction for grip and started position. 2.To introduce and demonstrate forehand skill.	2	Tennis Court
4	Mar. 18	Basic skill (2)	Forehand practice.	2	Tennis Court
5	Mar. 25	Basic skill (3)	To introduce and demonstrate forehand footwork.	2	Tennis Court
6	Apr. 1	Basic skill (4)	1.Forehand practice. 2.Footwork review.	2	Tennis Court
7	Apr. 8	Basic skill (5)	1.Self tossing and hitting in forehand practice. 2.Footwork review.	2	Tennis Court
8	Apr. 15	Advance skill (1)	To introduce and demonstrate backhand skill.	2	Tennis Court
9	Apr. 22	Midterm exam.	Test for forehand tossing and hitting.	2	Tennis Court
10	Apr. 29	Advance skill (3)	Backhand practice.	2	Tennis Court
11	May. 6	Advance skill (4)	To introduce and demonstrate forehand footwork.	2	Tennis Court
12	May. 13	Advance skill (5)	1.Backhand practice. 2.Footwork review.	2	Tennis Court
13	May. 20	Advance skill (6)	1.Integrated practice in forehand/backhand.	2	Tennis Court
14	May. 27	Game introduction	Introduction for rules of game play (single and Double play).	2	Tennis Court
15	Jun. 3	Game play	Single game play	2	Tennis Court
16	Jun. 10	Game play	Double game play	2	Tennis Court
17	Jun. 17	Game play	Double game play	2	Tennis Court
18	Jun. 24	Final exam.	Written test	2	Tennis Court

課務組 郭惠姍
辦事員

