

## Kainan University Department of Physical Education

## Syllabus for International Honor Program

Fall 2007

Course Code No.	Course Title	Instructor	Subject	Level of Course	Credits	Hours per Week
002010010 (39)	Chinese:榮譽學程一	Kuo-ming Lin	<input checked="" type="checkbox"/> required <input type="checkbox"/> elective	Year: 2007 Class:	0	2
	English: IHP (1)	Course Prerequisites	No			
<b>Teaching Goals and Content</b>	<p>1. Teaching goal</p> <p>(1) To guide tennis knowledge and skills for students' learning.</p> <p>(2) To cultivate and motivate students' interest in learning tennis.</p> <p>(3) To cultivate concept of lifetime exercise for students' health.</p> <p>(4) To assist students with the ability understanding and watching tennis games.</p> <p>2. Teaching content</p> <p>(1) Tennis introduction (history, current issue, basic knowledge, and etiquette).</p> <p>(2) Tennis skills introduction (basic skills and advance skills).</p> <p>(3) Game play (single and double play).</p> <p>(4) Tennis film watching and Q&amp;A.</p>					
<b>Teaching Methods</b>	<input checked="" type="checkbox"/> lectures <input checked="" type="checkbox"/> practical training <input checked="" type="checkbox"/> discussion <input checked="" type="checkbox"/> question-and-answer <input type="checkbox"/> other (Film Watching)					
<b>Grading and Evaluation Criteria</b>	midterm 30%      final 40%      class participation 30% other _____% (details _____)					
<b>Textbooks</b>	(author, title, edition, publisher, place of publication, year of publication, pages covered) 1. USTA. Complete Conditioning for Tennis. Human Kinetics. Referral websites: 1. TENNIS.com - <a href="http://www.tennis.com/index.aspx">http://www.tennis.com/index.aspx</a> 2. APTennis.com - <a href="http://www.atptennis.com/1/en/home/">http://www.atptennis.com/1/en/home/</a> 3. ITFTennis.com - <a href="http://www.itftennis.com/">http://www.itftennis.com/</a> 4. TENNIS.com - <a href="http://www.tennis.com/index.aspx">http://www.tennis.com/index.aspx</a>					
<b>Course Description (including outline and course schedule):</b>						
This course is designed to introduce the students to the skills, rules and strategies of beginning tennis. Also, the goal of this course is to get the students started in this wonderful sport and to give students a workable knowledge in building tennis skills and habit of lifetime exercise.						

體育室  
主任 戴偉謙

signature of the convener of the curriculum committee

Kuo-ming Lin  
signature of the teacher體育室  
助理教授 林國銘

Simon

Simon

## Kainan University - Fall 2007 - Physical Education Office - Teaching syllabus

Week	Date	Unit	Teaching content	Hours	Location
1	Sep. 13	Preparation	Tennis introduction, class evaluation and class rules.	2	Tennis Court
2	Sep. 20	Ball sense practice	Drills for ball sense	2	Tennis Court
3	Sep. 27	Basic skill (1)	1.Introduction for grip and started position. 2.To introduce and demonstrate forehand skill.	2	Tennis Court
4	Oct. 4	Basic skill (2)	Forehand practice.	2	Tennis Court
5	Oct. 11	Basic skill (3)	To introduce and demonstrate forehand footwork.	2	Tennis Court
6	Oct. 18	Basic skill (4)	1.Forehand practice. 2.Footwork review.	2	Tennis Court
7	Oct. 25	Basic skill (5)	1.Self tossing and hitting in forehand practice. 2.Footwork review.	2	Tennis Court
8	Nov. 1	Advance skill (1)	To introduce and demonstrate backhand skill.	2	Tennis Court
9	Nov.8	Midterm exam.	Test for forehand tossing and hitting.	2	Tennis Court
10	Nov. 15	Advance skill (3)	Backhand practice.	2	Tennis Court
11	Nov. 22	Advance skill (4)	To introduce and demonstrate forehand footwork.	2	Tennis Court
12	Nov. 29	Advance skill (5)	1.Backhand practice. 2.Footwork review.	2	Tennis Court
13	Dec. 6	Advance skill (6)	1.Integrated practice in forehand/backhand.	2	Tennis Court
14	Dec. 13	Game introduction	Introduction for rules of game play (single and Double play).	2	Tennis Court
15	Dec. 20	Game play	Single game play	2	Tennis Court
16	Dec. 27	Game play	Double game play	2	Tennis Court
17	Jan. 3	Game play	Double game play	2	Tennis Court
18	Jan. 10	Final exam.	Written test	2	Tennis Court

